

# ST. LOUIS TRUST

## & Family Office

### Summer Reading 2024

With the official start of summer upon us, we hope you find time to enjoy a good book by the pool or in the comfort of your home. To that end, the summer reading list below is comprised of a variety of books that we read recently and think you'll enjoy.

#### Going Infinite: The Rise and Fall of a New Tycoon, Michael Lewis

When Michael Lewis first met him, Sam Bankman-Fried was the world's youngest billionaire and crypto's Gatsby. CEOs, celebrities, and leaders of small countries all vied for his time and cash after he catapulted, practically overnight, onto the *Forbes* billionaire list. In *Going Infinite* Lewis sets out to answer this question, taking readers into the mind of Bankman-Fried, whose rise and fall offers an education in high-frequency trading, cryptocurrencies, philanthropy, bankruptcy, and the justice system. Both psychological portrait and financial roller-coaster ride, *Going Infinite* is Michael Lewis at the top of his game, tracing the mind-bending trajectory of a character who never liked the rules and was allowed to live by his own—until it all came undone.

#### Whiskey When We're Dry, John Larison

In the spring of 1885, seventeen-year-old Jessilyn Harney finds herself orphaned and alone on her family's homestead. Desperate to fend off starvation and predatory neighbors, she cuts off her hair, binds her chest, saddles her beloved mare, and sets off across the mountains to find her outlaw brother Noah and bring him home. A talented sharpshooter herself, Jess's quest lands her in the employ of the territory's violent, capricious Governor, whose militia is also hunting Noah—dead or alive. Wrestling with her brother's outlaw identity, and haunted by questions about her own, Jess must outmaneuver those who underestimate her, ultimately rising to become a hero in her own right.

#### Real Americans, Rachel Khong

*Real Americans* begins on the precipice of Y2K in New York City, when twenty-two-year-old Lily Chen, an unpaid intern at a slick media company, meets Matthew. Matthew is everything Lily is not: easygoing and effortlessly attractive, a native East Coaster, and, most notably, heir to a vast pharmaceutical empire. Lily couldn't be more different: flat-broke, raised in Tampa, the only child of scientists who fled Mao's Cultural Revolution. Despite all this, Lily and Matthew fall in love.

In 2021, fifteen-year-old Nick Chen has never felt like he belonged on the isolated Washington island where he lives with his single mother, Lily. He can't shake the sense she's hiding something. When Nick sets out to find his biological father, the journey threatens to raise more questions than it provides answers.

In immersive, moving prose, Rachel Khong weaves a profound tale of class and striving, race and visibility, and family and inheritance—a story of trust, forgiveness, and finally coming home. Exuberant and explosive, *Real Americans* is a social novel par excellence that asks: Are we destined, or made? And if we are made, who gets to do the making? Can our genetic past be overcome?

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### How To Know a Person, David Brooks

As David Brooks observes, “There is one skill that lies at the heart of any healthy person, family, school, community organization, or society: the ability to see someone else deeply and make them feel seen—to accurately know another person, to let them feel valued, heard, and understood.” In *How to Know a Person*, Brooks sets out to help us do better, posing questions that are essential for all of us: If you want to know a person, what kind of attention should you cast on them? What kind of conversations should you have? What parts of a person’s story should you pay attention to?

### North Woods, Daniel Mason

When two young lovers abscond from a Puritan colony, little do they know that their humble cabin in the woods will become the home of an extraordinary succession of human and nonhuman characters alike. This magisterial and highly inventive novel from Pulitzer Prize finalist Daniel Mason brims with love and madness, humor and hope. Following the cycles of history, nature, and even language, *North Woods* shows the myriad, magical ways in which we’re connected to our environment, to history, and to one another. It is not just an unforgettable novel about secrets and destinies, but a way of looking at the world that asks the timeless question: How do we live on, even after we’re gone?

### Think Again: The Power of Knowing What You Don’t Know, Adam Grant

Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there’s another set of cognitive skills that might matter more: the ability to rethink and unlearn. With bold ideas and rigorous evidence, Adam Grant investigates how we can embrace the joy of being wrong, harness the advantages of impostor syndrome, bring nuance into charged conversations, and build schools, workplaces, and communities of lifelong learners. *Think Again* reveals that we don’t have to believe all our thoughts or internalize all our emotions. It’s an invitation to let go of views that are no longer serving us well and prize mental flexibility, humility, and curiosity over consistency.

*St. Louis Trust & Family Office is an independent, multi-family office and trust company that advises clients on more than \$10 billion of investment assets and more than \$12 billion of total wealth. Founded in 2002, St. Louis Trust & Family Office provides holistic, high-touch client service including customized, independent investment management and a full range of family office and fiduciary services. The firm serves a limited number of clients with substantial wealth in order to maintain very low client-to-employee ratios. Visit [stlouistrust.com](http://stlouistrust.com) to explore how the firm manages complexity with unmatched expertise and focuses on Family, Always.*