

# ST. LOUIS TRUST & Family Office

## John Jennings Remains Active; Participates in Recent Podcast and Webinar



*John Jennings, President & Chief Strategist*

John M. Jennings, Chief Strategist and President at St. Louis Trust & Family Office was a guest on Season 2 of the *Take the Long View* podcast with Matt Hall.

Matt Hall leads the investment advisory firm Hill Investment Group and hosts the *Take the Long View* podcast. In John's episode, he discusses the IFOD (his [blog](#)), being vegan and investing, specifically investing in the face of the COVID-19 pandemic.

Additionally, John was a presenter on the March 31, 2020 BrightTALK webinar titled *The Economic Impacts of the Coronavirus*. BrightTALK is a technology media company that provides professional webinar hosting for a variety of industries.

John, along with four other presenters, shared ideas to help investors better understand the context of the pandemic and how to prepare their portfolios correctly. They discussed topics ranging from stock market dynamics to the energy & hospitality industries to how to be investing alongside headline risk.

Links to the podcast episode and webinar:

[Take the Long View, Season 2, Episode 2](#)

[The Economic Impacts of the Coronavirus, March 31, 2020](#)

*St. Louis Trust & Family Office is an independent, multi-family office and trust company that advises clients on more than \$10 billion of investment assets and more than \$12 billion of total wealth. Founded in 2002, St. Louis Trust & Family Office provides holistic, high-touch client service including customized, independent investment management and a full range of family office and fiduciary services. The firm serves a limited number of clients with substantial wealth in order to maintain very low client-to-employee ratios. Visit [stlouistrust.com](http://stlouistrust.com) to explore how the firm manages complexity with unmatched expertise and focuses on Family, Always.*